



Take Out - Order Today
250.342.8885

PLATTERS

Baskets / \$10 Your Choice of Yam Fries, Onion Rings or House-cut Bottomless Fries

Mile High Nachos / Full \$25 • Half \$19

Corn Tortilla Chips topped with Mixed Peppers, Onions, Olives, Jalapeños and loaded with Cheese

• Add Extra Cheese \$3

• Add Chicken or Beef \$4

Rocky River Platter / \$40

Dry Ribs, Chicken Wings, Onions Rings and Yam Fries served on top of an order of Mile High Nachos

Nacho Wing Platter / \$38

Mile High Nachos surrounded by 2 lbs. of Chicken Wings

WRAPS

Wraps and Sandwiches are served with your choice of Homemade Fries, Daily Soup Feature or Fresh Mixed Greens. You can substitute your side for Yam Fries, Onion Rings, Caesar or Spinach Salad for an Extra \$2

Honey Mustard / \$15

Grilled Chicken, Tomato, Bacon and Mixed Cheddar with Mayo and Honey Mustard Sauce

Portabella Spinach / \$15

Grilled Chicken, Portabella Mushroom, Spinach and Homemade Spinach Dip with Mixed Cheddar, Onions and Tomato

Chicken Caesar / \$15

Spicy Chicken Ranch / \$15

Grilled Chicken, Lettuce, Tomato, Mixed Cheddar, Ranch and Hot Sauce

Thai / \$15

Spicy Thai Grilled Chicken with Lettuce, Tomato, Cucumbers and Mixed Cheddar

Quesadilla / \$13

Tomato, Onions, Red and Green Peppers with Mixed Cheese.

Served with Salsa and Sour Cream

• Add Chicken or Beef \$4

SANDWICHES

BLT / \$14 Bacon, Lettuce, Tomato, Mayonnaise and Applewood Smoked Cheddar Cheese on Garlic Toast • Gluten Free Extra \$2

Beef Dip / \$15

Slow Roasted AA Alberta Beef served on a Swiss Panini Bun with Au Jus for dipping

Clubhouse / \$16

Our "Best in The Valley Club" is served on 2 slices of Garlic Toast with Grilled Chicken, Ham, Bacon, Lettuce, Tomato, Mayonnaise and Cheddar Cheese

• Gluten Free Extra \$2

Sirloin Steak Sandwich / \$17

6oz AA Alberta Sirloin topped with Sautéed Mushrooms, Onion Rings and a slice of Garlic Toast

Classic Chicken Strips / \$14

Add Thai sauce \$2

Fish 'n Chips

Two Pieces \$16 • Single Piece \$13

Lightly Beer battered Haddock Fillets

APPETIZERS

Legendary Homemade Soup / Cup \$6 • Bowl \$9

Bowl is served with Garlic Toast

Chicken Wings / \$16

Lightly Breaded or Double Breaded (Extra Crispy)

Your choice of:

Frank's Dry Heat

Honey Hot

Honey Garlic

Hockey Hot

Greek

BBQ

Teriyaki

Lemon Pepper

Sweet Chili

Hot

Salt 'n Pepper

Mozzarella Sticks / \$15 Served with Ranch and Marinara Sauce

Dumplings / \$15 Homemade Filipino Pork Dumplings fried to perfection

Spicy Thai Prawns / \$16 Hand breaded and served with Tzatziki

Deep Fried Pickle Spears / \$15

Classic Poutine / \$14 House-cut Fries smothered with Cheese Curds and Gravy

Bone - In Dry Ribs / \$15

Spinach and Artichoke Dip / \$15 Served with Pita Wedges

SALADS

Small Spinach / \$8

Dried Cranberries, Mandarin Slices, Sunflower Seeds and Feta Cheese.

Your choice of Balsamic or Raspberry Vinaigrette

Mixed Greens / Small \$7 • Large \$12

Shredded Carrots, Beets, Tomato and Cucumber. Your choice of dressing

Caesar / Small \$8 • Large \$14 • Add Chicken \$4

Romaine Lettuce, Bacon Bits, Parmesan Cheese and Croutons

Strawberry Spinach Pecan / \$18

Fresh Strawberries with Spicy Glazed Pecans, Sunflower Seeds and Goat Cheese

Strawberry Brie and Spinach / \$18

Dried Cranberries, Fresh Strawberries, Brie Cheese and Cashews

Mandarin Cashew / \$18

Fresh Spinach, Mandarin Slices, Raw Cashews, Asian Noodle Sticks,

Sunflower Seeds, Cranberries and Goat Cheese

Mayan Chicken and Prawns / \$19

Chicken, Prawns, Corn, Tomato, Cucumber and Cheddar Cheese tossed in a

BBQ Ranch dressing over Mixed Greens

Sesame Thai Chicken / \$18

Sweet and Spicy Chicken with Thai Noodles, Mixed Peppers, Cucumbers and

Tomato tossed in a Sesame Thai Dressing over Mixed Greens

Taco Salad / \$18

Your choice of Chicken or Beef, Mixed Greens topped with Red and Green

Peppers, Onions, Tomato, Cheddar Cheese and Nacho Chips.

Served with Salsa and Sour Cream

PIZZA

Veggie / \$23 • Mini \$14

Feta, Mixed Peppers, Spinach, Tomato, Mushrooms, Caramelized Onions and Mozzarella

Hawaiian / \$24 • Mini \$15

Ham, Pineapple and Mozzarella

Rocky Melt / \$25 • Mini \$16

Beef, Bacon, Mixed Peppers, Tomato, Onions, Mixed Cheddar

Meat Lovers / \$25 • Mini \$16

Beef, Bacon, Ham, Pepperoni and Mozzarella

The Hot Springs / \$25 • Mini \$16

Chorizo Sausage, Banana Peppers, Jalapeños, Mushrooms and Shredded Pepper Jack

Double Pepperoni & Mozzarella / \$24 • Mini \$16

Four Cheese / \$20 • Mini \$13

Mozzarella, Parmesan, Feta and Mixed Cheddar

Gluten Free / \$23

Four toppings of your choice

PASTA

All Pasta entrées are served with Garlic Toast

Homemade Lasagna / \$20

Served with Caesar Salad

Rocky Roma Linguini / \$19

Chicken, Olives, Mixed Peppers, Grilled Artichokes and Tomato tossed in a Rose Sauce, topped with crumbled Feta

Baked Spaghetti / \$18 Homemade Meat Sauce topped with Mixed Cheddar

Steak & Pasta / \$24

6oz AA Alberta Sirloin topped with Sautéed Mushrooms paired with your choice of Baked Spaghetti or Fettuccine Alfredo

Seafood Linguine / \$20

Prawns and Mussels in a Rose Sauce with Parmesan Cheese

Chicken Alfredo / \$18

• Add Spinach \$2

Caramelized Onions, Chicken and Fettuccine with Parmesan.

Portabella Chicken Carbonara / \$19

Portabella Mushrooms, Chicken, Bacon and Fresh Tomato in a Creamy Alfredo Sauce with Rotini and Parmesan

Asian Noodle Bowl / \$19

Chicken and Prawns with Seasonal Vegetables, Rice Noodles and Onions mixed with Soy Sauce and Paprika

Rocky River Rice / \$20

Spicy Jambalaya Style with Chorizo Sausage, Chicken, Prawns and Mixed Peppers in our Homemade Tomato Sauce with Parmesan

Mediterranean Pesto / \$20

Mixed Peppers, Olives, Artichokes, Prawns, Mussels, with Fettuccine Noodles and Parmesan

Creamy Prawn Pesto / \$20

Sautéed Prawns on a bed of Fresh Spinach with Tomato, Fettuccine Noodles and a Creamy Pesto Alfredo Sauce



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WORLD FAMOUS BURGERS

Our AA Alberta Beef Homemade Burger Patty is made without gluten. Topped with Lettuce, Tomato, Pickle, Onions and Mayonnaise, served with House-cut Fries, Daily Soup Feature or Mixed Greens Salad. Substitute your side for Yam Fries, Onion Rings, Caesar or Spinach Salad for an Extra \$2.00

Stuffed Portabella Veggie / \$15

Portabella Mushroom stuffed and topped with melted Mixed Cheddar

Guacamole Chicken / \$16

Smoked Gouda Cheese, Guacamole and Grilled Chicken Breast

Key Lime Chicken Stack / \$16

Grilled Key Lime Chicken Breast, Bacon, Pepper Jack Cheese and Cajun Aioli

Chicken Cranberry Brie / \$16

Sliced Brie and Dried Cranberries melted on top of a Grilled Chicken Breast

Crispy BBQ Chicken / \$16

Crispy Chicken Fingers, Chipotle BBQ Sauce and Applewood Smoked Cheddar Cheese

Bacon Cheddar / \$15

Blue Cheese / \$16

Caramelized Onions, Bacon and Blue Cheese

Rocky River / \$16

Sautéed Mushrooms, Bacon and Pepper Jack Cheese

Smokey BBQ / \$17

Bacon, Chipotle BBQ Sauce and Applewood Smoked Cheddar Cheese

Inferno / \$16

Banana Peppers, Jalapeños, Cajun Aioli and Pepper Jack Cheese

Hawaiian / \$16

Pineapple, Teriyaki Sauce and Pepper Jack Cheese

Smoked Gouda & Bacon / \$16

ENTRÉES

All entrées are served with Seasonal Vegetables, Garlic Toast and choice of Starch. Daily Potato is available after 5 pm.

Canadian Pork Side Ribs

Full Rack \$29 • Half Rack \$25

Your choice of:

Frank's Dry Heat

Honey Garlic

Honey Hot

Hockey Hot

Salt 'n Pepper

Greek

Lemon Pepper

BBQ

Teriyaki

Hot

Sweet Chili

Rocky River Chicken / \$20

Baked Chicken Breast topped with homemade Spinach Artichoke Dip and smothered in Mixed Cheddar

Flyin' Ribs / \$29

Half rack of Pork Side Ribs and a half pound of Chicken Wings.

Your choice of Sauces

6oz Sirloin Entrée / \$21

Topped with Sautéed Onions, Mushrooms and Gravy

Spicy Chicken and Prawns Curry / \$20

Curried Chicken and Prawns, Mushrooms, Onions, Mixed Peppers, Broccoli and Carrots on a bed of Jasmine Rice

Seafood Supreme / \$23

Mussels, Prawns, Mixed Peppers, Sautéed Onions and Mushrooms on a bed of Fresh Spinach with a Teriyaki Sauce drizzle, topped with Grilled Salmon

Vegetarian and Gluten Free
Options Available